

“Arc has provided outstanding services for school-age students in Waterford. Their staff has been responsive to individual students needs... They have a deep commitment to individuals with disabilities that consistently shows in their staff’s loving and caring interactions with our students.”

— Sue Rosenfield  
Director of Special Services  
Waterford Public Schools

## Join The Arc Family!

The Arc is the world’s largest organization of and for people with disabilities. We invite you to join the largest volunteer organization in the United States today, with more than 140,000 members nationwide and almost 800 State and Local Chapters (21 in Connecticut). Together, we serve over 7.2 million people with intellectual and related disabilities.

### Member benefits:

- Advocacy
- Representation
- Information
- Inclusion

## Become a Member Now

Call 860-889-4435

www. **thearcnlc.org**

**The Arc**  
New London County  
52 Sacred Heart Drive, Bldg. 2  
Groton, CT 06340  
www.thearcnlc.org

The Arc New London County is an affiliate of  
The Arc United States and The Arc Connecticut.  
The Arc New London County is an agency of The United Way.



**The Arc**<sup>TM</sup>

New London County

**Achieve with us.**

Thomas J. Sullivan

## Employment Transition Center

*Building  
Strong Partnerships  
with Educators in  
New London County*

52 Sacred Heart Drive  
Building 2  
Groton, CT 06340  
Phone: 860-449-1529  
Fax: 860-449-1558  
email: info@thearcnlc.org

www. **thearcnlc.org**

## Discover The Arc

The Arc New London County is a non-profit organization governed by its volunteer members. Founded in 1952 by families looking for opportunities for their children, today The Arc serves



over 400 individuals of all ages, offering advocacy, employment opportunities, life skills training, recreation, residences and person-centered, community based services. In partnership with national, state, and local chapters, we are a powerful advocacy force for full inclusion of people with intellectual and developmental disabilities here in Southeastern Connecticut. Please contact us to learn more about your rights!

[www.thearcnlc.org](http://www.thearcnlc.org)

## How We Can Help. . .

*The Arc New London County's Programs give young women and men the tools they need to become adults in a complex world.*

### **Advocacy:**

The Arc New London County believes that helping students become effective self-advocates is an important step in their successful transition to the adult world.

### **Social Skills:**

Interpersonal relationships developed through peer interaction, the recognition of social cues, showing compassion for others, and through confidence-building activities using real life experiences, discussion and problem-solving.

### **Training:** Training options include, but are not limited to:

- *basic computer skills*
- *commercial kitchen and culinary training*
- *retail sales and related experience*
- *landscaping and cleaning services*
- *individualized support obtaining a driver's license*
- *public transportation training*
- *building a résumé*
- *conducting mock interviews*

### **Vocational Skills:**

The Arc's training programs develop job experiences designed to match the needs of each individual, averaging between 90-100% employment rates. Arc provides support services and ensures that all participants receive fair wages and treatment.

### **Life Skills:**

Training focuses on independent living, including budgeting, cooking, nutrition and menu planning, money management, household cleaning and expenses, laundry, gardening, writing and reading skills, decision-making, organizational skills, scheduling and time management and a variety of leisure skills — including building a social network!