

Join The Arc Family!

The Arc is the world's largest organization of and for people with disabilities. We invite you to join the largest volunteer organization in the United States today, with more than 140,000 members nationwide and almost 800 State and Local Chapters (21 in Connecticut). Together, we serve over 7.2 million people with intellectual and developmental disabilities.

Member benefits:

- **Advocacy** – The Arc advises you on your rights
- **Representation** – The Arc informs members about legislation at the local, state, and federal levels to encourage opportunity for people with disabilities
- **Information** – Stay current and make your voice heard with newsletters, e-Alerts and legislative Calls to Action
- **Inclusion** – The Arc supports full inclusion for all people. Through our programs, we break down barriers, educate the public, and develop opportunities for individuals and families

Become a Member Now

Call 860-889-4435

www. **thearcnlc.org**

The Arc
New London County
125 Sachem St
Norwich, CT 06360
www.thearcnlc.org

The Arc New London County is an affiliate of
The Arc the United States and The Arc of Connecticut.
The Arc New London County is an agency of The United Way.




The Arc[™]
New London County

Achieve with us.



125 Sachem Street
Norwich, CT 06360
Phone: 860-889-4435
Fax: 860-889-4662
email: info@thearcnlc.org

*For people with intellectual
and developmental disabilities*

www. **thearcnlc.org**

Discover the Arc

The Arc New London County is a non-profit organization governed by its volunteer members. Founded in 1952 by families looking for opportunities for their children, The Arc today serves over 400 individuals of all ages, offer-



ing advocacy, employment opportunities, life skills training, recreation, residences and person-centered, community based services. In partnership with national, state, and local chapters, we are a powerful advocacy force for full inclusion of people with intellectual and developmental disabilities here in Southeastern Connecticut. Please contact us to learn more about your rights!

www.thearcnlc.org

How We Can Help...

Employment Opportunities

The Arc's Sullivan Employment Transition Center *trains, develops and places* people in community employment. The Arc assists with application and interview skills, writing a résumé, and exploring an individual's interests and talents through occupational assessment and job trials.

Residential Services The Arc's Community Living Arrangements (CLAs)

are comfortable homes located here in Southeastern Connecticut. Community living settings emphasize skills development and individual independence in a therapeutic environment.

Community Services

This program focuses on facilitating every individual's right to full participation in community life, leisure and self advocacy. Skilled instructors work with individuals who live alone and require a diverse range of supports, from medical oversight to daily living assistance, budgeting, transportation and a variety of specific needs including recreation and personal advocacy.

Individualized Home Supports

Life Skills Instructors provide supports to individuals in their own home or a family home. IHS uses behavioral, therapeutic and skill development approaches to facilitate maximum independence and community integration.

Respite Center

The Respite Program provides short-term care to individuals so that families and other caregivers can recoup their strength to continue fulfilling their caregiving responsibilities. Simply put, respite is a well-deserved break for caregivers.

Community Integration Program

CIP is a Day Program providing volunteer opportunities, sensory rooms, and supports to encourage friendships and neighborhood ties.

Camp Harkness

The Arc sponsors residential camp opportunities at scenic Camp Harkness on Long Island Sound in Waterford, CT. Accessible beaches and cabins provide vacation fun and sun for campers and much needed respite for families and caregivers. In addition, The Arc sponsors a summer day camp for youth featuring beach activities and trips into the community.

